

he Superintenden

nifters, & Commissioners of Chur reformed, within the Realme of Scotland ging in the generall asemblie at Edenburgh the. 25. day of December. 1565. To all that truely professe the Lord lesus, within the Same Realme, or elf-where, with grace and mercie from God the Father. and from his onely Sonne our Lord lefus Christ, was the body Spirite.



He present troubles be ing lomewhar confidered, but greater feared hortly to followe. It was thought expedient (dearely belowed in the Lord lefus) that the whole taychiul within

is Realme, should together, and at one time drate the leves before their God craving

of him pardon and mercy, for the great abult of his former benefites, & the alsistance of his holy Spitite, by whose mighty operation we may yet conucit to our God, that we prough him not to take from withe light of his Go pell, which he of his mercy hath caused selectely of late dayes to shine within the Realme. But because that such publike Supplications require alwayes Fasting to be not need therewith, and publike Fasting crauet certains time, and certains exercises of godly nesse then to be vied with greater straight nesse, then at other times.

The whole Affemblie after deliberation hath appointed the feeond Sunday of May 8 the third, next folloshing the datoof the say Affeniblie, to that most necessarie exercise (a time now standeth) of publike Fasting. An further did require the same to be signified be all Ministers to their people the Sunday in mediately before the sayd second Sunday May. But least that the Papistes shall thin that now we begin to authorise & prayleth which sometimes we have reproved & date and in the or elsthat the ignorant who know

# OF FASTING.

not the commoditie of this most godly exer cile, that cotemne the lame. We have thought expedient fomewhat to speake to the one of o the other. And voto the Papifles first we lay, that as in purity of confcience we have refuled their whole abhominations & amongest the rest, that their superstitious & Pharis laicall maner offalting So even voto this day we do coutinue in the fame purpofe, boldle affirming, that their falting is no falting that y suer God approued, but that it is a decenting that of the people, and a meere mocking of God which made and a meere mocking of God which most cuidently will appeare, if in the Scriptures we fearch what is the right end of fasting, what fasting pleased God, and which tis that his foule abhorreth. Of fafting in the Scriptures we find two forts: the one private he other publike. The private is that which man or woman doth in fecret, & before their God for such causes as their owne conscience beareth record voto them. As David during he time that his Sonne which was begotten nadultrie, was stroken with mortall sickness ifted, wept, & lay vpon the ground, because hat in the ficknesse of the childhedid confi

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der Gods displeasure against himselfe, for the remooning whereof he fasted, mourned, and prayed, until such time as he saw Gods will fulfilled, by the taking away of the child. It wately fasted Anna wife to Eleana, even in the very solemne Feastes, during the time of her barennesse: For she wept & eate nothing but in the bitterness of her hart, she prayed unto the Lord, neither ceased she from sorow and mourning, until such time as Elie the high Priest concurred with her in prayers, by whose mouth after that he had heard her pit tifull complaint, she received comfort.

Of this fasting speaketh our Maister Ielu Christ in these wordes: When yee fast, be no sadde at the Hypocrites, for they dissignere their faces, that they may seeme unto men to fast but thou when thou fastest, annoynt thine hear and wash thy face, that thou seeme not unto me to fast, but unto thy Fasher which seeth in secretarial will rewarde thee openly. Of the same, no doubt, speaketh the Apostle, when that hayth: Defraude not one another, except it with consent for a time, that you may give you selves to Fasting and Proyer. To this prime

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Falting, which flandeth chiefly in a temper rate dyer, and in powring foorth of our lecree thoughtes, and necessities below God, can be referibed no certaine rule, certaine time, not certaine ceremonies, but as the cause and occalions why that exercise is vied of diners. (yea, lo divers, that feldome it is, that many at once are mooued with one cause) so are dyer. time, together with all other circumflaunces required to fuch Falting, put in the liberte of them that yle it. To this Fasting we have been faythfully & carneftly exhorted by our preachers, as oft as the Scriptures which they en treated, offered voto them occasion. And we doubt not, but the godly within this Realme, have yied the fame as necessitie craved, albeit with the Papistes we blew no Trumpetes, to appoynt thereto cettaine dayes.

The other kind of Fasting is publike so called, because that it is openly commaunded, sometimes of a Realme, sometimes of a multitudes sometimes of a citie, & sometimes of a meaner companie: yea, sometimes of particular persons, & yet publikely vied, and that for the wealth of a multitude. The causes there

odiucts, for lometimes the feare of mics fomtimes the angry face of God puthing lometimes his threatmen to defirey, fometimes iniquitie found out, that was not rightly before confidered, & fortimes the earpell zeale that some beare for preservation of Gods people for advauncing of his glory, and performing of his worke, according to his promile, moucmento publike falling, confelsion of their finnes, and folemne prayers, for defence agianst their enemies, recourring of Gods fauour, remouing of his plagues, prefernation of his people, and fetting forward of that worke, which he hath of his mercy promifed to finish, as in the probations fellowing enidently hall appeare.

Whe Mellengers came to lofaphat, Sying, There cometh a great multitude against thee from beyond the Sea, out of Aram, that is Syria, coc. lofaphat feared, and fer him selfe to leeke the Lord, & proclaymed a fast throughout all luda, and luda gathered them selves togither to aske counsell of the Lordithey came even out of all the cities of luda; to enquite of the Lord. And lofaphat stood in the Congression

gation of lode and lerufalem, in the house the Lord, before the new court. And all lode stood before the Lord with their young over their vilues and their children. And losephers sayd: O Lord God of our fathers, art not thou God in Heaven, and raigness not thou in all kinged domes of the Heathen? And in thy hand is power and might, and none is able to withstand thee. Hast not thou our God cast out the inhabitances of this land before thy people Israel, and hast given it to the seede of Abraham thy friend for ever? &c. But now the Ammorites, and Moabites, and the Mount Seir, are some to cast ve out of thy posesson: O Lord our God, shall thou not indee them?

this great multitude that commeth against very neither know we what to doe: but water there are our Prayers bent. &c. Of this Historie we have the first cause of publike tasting, and the solemnitie thereof sufficiently proved. For the teare of enemies compelled losaphas to seeke the Lord, he knowing him selfe burdened with the care of the people, exhorted them to do the same. They from all cities and quarters

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pointed day, the king & the people, yea, wives and children presented them selves before the Lord, in his holy temple, opened their necessitie, craved his helpe against that raging multitude, that alwayes was enemic to Gods people, and gave open confession of their owne weakenesse, leaning onely to the Promise and protection of the omnipotent. Which example, we, and every people likewise assaulted, may and ought to follow in every poynt.

This only excepted, that we are not bould to meete at any one appoynted place as they did at Ierusalem. For to no one certaine and severall place is that promise made, that then was made to the Temple of Ierusalems which was, that whatsoever men in their extremities mould aske of God in it, God should graunt it from his holy habitation in the heaven. Iesusthe Messias then looked for, whose presence was fought in the Mercy-seate, and betwixt the Cherubins, is now entred within the Vailes that is, in the Heaven, & there abideth only Mediatour for vs. vnto whom fro all the coastes of the earth, we may lift up our handes.

handes, direct our pravers, supplication, and complaintes, and be assured that they shall be receased, in whatsoever place we meete. And yet in time of such publike exercises, we wold wish that all men and women should repaire to such places as their consciences may be bell instructed, their faith most edified, repensance most lively stirred up in them, and they by Gods worde may be most assured, that their instructions shall not be repelled. Which thinges can not be done so lively in secret, and private meditation, as they are in publike assembly, where Christ Iesus is truly preached: and this much shortly for the first cause.

Of the second, to with that the angry face of God punishing, ought to drive vs to publike fasting, and humiliation of our soules before our God, we have two notable examples, the one written in lossa, who hearing and vnders standing, that I frael had turned the backe beatore the Cananites, and the Elders of I frael tent their clothes, fell vpon their faces before the Arke of the Lord vntill the night, &ccast dust vpo their heads, in signe of their humiliatio &c described. The other is expressed in the book

God to fight against Beniamin, because that they maintayned wicked men that descrued death, loss the first day twenty thousande of their Armie, and the second day eighteene thousand. At the first losse they were lightly touched, and asked counsell if they should renew the battell, but at the second ouerthrow, the whole people repaired vato the house of the Lord, sate there, wept before the Lord, & fasted that day vatill the night, for then began they to consider Gods angry face against the.

In this last Historic there appeareth inst cause why the people should have runne to the onely refuge of God: because that their first Armie of sortic thousand men was veter-

ly destroyed.

But what full occasion had Issue so lamentably to complaine yea so boldly as it were to accuse God, that he had deceived him in that, that against his promise, he had suffred Israel to fall before their enemies? VV as the losse of 30, men (no more fell that day in the edge of the sword) so great a matter, that he should dipaire of any better successe, that he should ac-

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### OF PASTING

cufe God that he hath brought them of tordan, 80 that he should feare that the whole army of the Lord should be environed about & confumed in the rage of their enemies:ye if Ifrael had onely looked no further then to the loffe of the fortiethousand men, they had been but feeble fouldiers, for they had fufficient strength remayning behind. For what were forty thouland, in respect of all the tribes of Ifrael? Nay, nay, deare brethren, it was an other thing then the prefent loffe, that terriff. ed & feared their confeiences, and made them To effeminately (fo would flesh judge) to complaine, weepe, and howle before God to wit they faw his angry face against them, the faw his hand fortifie their enemies, ac to fight against them whom both he had commaun ded to fight, and had promifed to endue with victoric. For every commandement of God to do any thing against his enemies, hath included within it a fecret promife of his godly assistance, which they found not in the begin sing of their enterprifes, and therefore the did consider the fierceneffe of his displantire and did tremble before his angry face, who

hand they found to fight against the, that was the cause of their greeuous complaints, and fearefull crying before their God. What was the cause that God dealt so strangely with the one and with the other, We may perchaunce somewhat speake, when that we hal intreate of the fruits of falting, & of those things that may hold backe from vs the alsi-Stance of God, euen whe we prepare vs to put his Commandement in execution. The third eause of publike Fasting, is Gods threatnings pronounced, either against a multitude, or against a person in particuler, Ofthe former, the example is Nininie, voto the which Ionas eryed, Tet fourtie dayes, and Niniuie shal be defreyed: which unpleasant tydings comming to the cares of the king, he proclaimed a Falt, he humbled his owne foule, yea, euen in fackcloth; & fitting in the duft, he ftraightly commaunded reformation of maners in al estates yea, and that fignes of repentance, of terrours, and feare flould appeare, not onely in men & women, but also in the brute beattes, from whom was all kind of nourishment comaunded to be withdrawen, to witness that they feared

# OF FASTING

feared aswell Gods sudgementer to fall as the creatures that served the in their impiery as ypon them selves, that had provoked God to that hot displeasure. Of the other, the exaple is most notable (most notable we say) because that it fell in a wicked man, to wit, in achab, who by instigation of his wicked wife lexabel, gave him selfe to do al iniquity. And yet when that he heard the seareful threatnings of God pronouced by the Prophet Elias, against him, against his wife, & house, he tet his royall garments, put on sackcloth, slept therin, sasted, and went bare sooted. What ensued the one at the other of these, we shall heare hereafter.

The fourth cause of publique Fasting and mourning (for they two must ever be in yourd) is iniquity descried, that was not before rightly could ever the reduction of the captinity, at that the Temple and the worke of the Lords house was stayed. It was showed vnto Estras that the people of Israel, the Priestes and the Leuites were not seperated from the people of the Nations, but that they did according to their abhominations, for they maryed vnto

them selues, and vnto their somes the daughters of the Cananites, the Pheresites, Hethites, Tehnsites, Ammorites, Moabites, & Agyptians, so that the holy seed was mixt with prophase Idolaters: which thing being vnderstood, & more deepely considered then it was befores for then Ezra saw insteamse why the worke of the Lord prospered not in their hands.

This confidered, we fay Exrataking upon him the finne & offence of the whole people, rent his clothes, and pulled foorth the heares of his head and beard, fate as a man defolate of all comfort, till the euening factifice, and then rifing, he bowedhis knees, & stretched foorth his handes before the Lord, and made a most simple and humble confession of all the enormities that were committed by the people, as well before the captiuitie as after their returning, & ceased not his lamentable complaint, untill such time as a great multitude of men, women, and children, moved by his example, wept vehemently, and promised redresse of that present disorder and impictie.

Of the last cause of publike Fasting to wit, the zeale that certaine persons beare for the

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preservation of Gods people, for advancing of his glorie, and perfourming of his worke according to his promise, we have example in Mardocheus, Daniel, and in the faithfull affembled at Antioch. For when that Mardocheus heard of that cruell sentence, which by the procurement of Haman, was pronounced against his nation: To wit, that youn a certaine appointed day the lewes in all the Prouinces of the King Artaxerxes should be dettroyed, old and young, men & women, and that their substance should be destributed in pray. This bloody sentence we say being heard, Mardocheus rent his clothes, put on fackcloth and athes, passed foorth through the midst of the Citie, & cried with a great and bitter cry:and comming to the kings gate, gaue knowledge to Efther what crueky was decreed against the nation of the lewes, willing her to make intercessio to the king for the contrary : who after certaine excuses layd : Goe and gather all the Iewes that are in Sulan, and fast for mes eate not, nor drinke not, three dayes and three nights, and I also, and my bandmaydes shall likwife fast, although that I should perish. In this we may

to preserve the people of God, mooved not only himself to publike fasting, but also Ester the Queene, her maides, and the whole sewes that heard of the murther intended, & moved Ester also to hazard her life in going vinto the

King without his commaundement.

Of the other, to wit, that the earnest defire that Gods servantes have that God will performe his promile, and maintaine the worke that he hath begunne : Example we have in Daniel, and in the Attes of the Apostles. For Daniel understanding the number of the yeeres forespoken by the Prophet Ieremie, that lorusalem should lie walt, to have been ended in the first yeere of the raigne of Darius turned himselse vnto God, fasted, humbled himselfe in sackcloth and ashes, and with vnfayned confession of his own finnes, & of the finnes of the people, he vehimently prayed that according to the promifes, fometimes made by Mofestafter rehearfed by the prophet Efay & leremy, he would fodainely fend then deliverance, and that he would not delay it, for his owne names lake.

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## OF FASTING

When the Gentiles began to be illuminated? and that Antioch had fo boldly received the Gospel of Iefus Christ, that the Disciples init first of al tooke vpon the the name of Christians. The principall men of the same Church, trustingno doubt that the kingdome of Ielus Christ should further be enlarged, & that the multitude of the Gentiles frould be instructed in the right way of faluation, talted & praved: and while that they were fo exercised, charge was given, that Paul & Barnabas frould be leperated from the tell, to the work wherunto God had called them &c. Of these former his stories & Scriptures, we may cleerely fee for what causes publike fasting, & general supplications have bin made in the church of God; & ought to be made when to ever the like necessities appeare, or occasions are offred. Now let vs frortly heare what comfort & trute enfued the fame. For the enemy, yea, the murdeter of all godly exercise is desperatio: for with what courage canany man with continuance call ypon God, if he shall desperately doubt whether God shall accept his prayer or not? How shall be humble him selfe before his throne

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throne? Or to what end shall he confesse his offences, if he be not perswaded that there is mercy and good will in God to pardon his sinnes, to accept him in fauour, and to graunt vnto him more then his owne hart, in the midst of his dolour can require or imagine?

True it is, that this venome of desperation, is neuer throughly purged from our harts, lo long as we cary this mortall carkaffe. But yet the constant promises of our God, & the manifold documets of his mercy & helpe, hewed. vnto men in their greatest extremitie, ought to animate vs to follow their example, and to hope for the fame successe that they have got ten aboue mans expectation. Iofaphat after his humiliation and prayer, obtained the vi-Aorie, without the loffe of any of his fouldi ours, for the Lord raifed Ammon and Mod against the inhabiatants of Mount Seir, who being veterly destroyed, every one of the end other, til that of that godleffe multitude then t was not one left aline. lofua and the Ifraelita v after their deication, were comforted against Nininie was preserved, albeit that Ionas ha

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cryed destruction: Yea, Achab notwithstanding all his vngodlynesse, lost not the frute of his humiliation, but was recompensed with delay of the vttermost of the plagues, duting his life time. The mourning of Ezra was turned into ioy, whe that he saw the people willing to obey God, & the work of the house of the Lord to go forward. The bitter crying of Mardocheus, and the painefull fasting of Ester, were abundantly rewarded, when not only the people of God were preserved, but Hama their mortals enemy was hanged vpo the same Gallous that he had prepared for Mardocheus.

Daniel after his fasting, confession, & praier, got most notable reuelations and assurance, that his people should be deliuered: yea, that in all extremities, they should be preserved, till that the Messias promised vnto the stould come, and manifestly shew himselfe. And the godly of Antioch were not frustrate of their comfort, when they had heard how mightely God had wrought amongst the Gentiles by the ministerie of Barnabas and Paule: so that we may boldly conclude, that as God hath neuer despited the Petitions of such as with

enfaigned hartes have fought his comfort in their necessities: so he will not fend vs away empty and voyde, if with true repentance we feeke his face. If any would aske in what extremitie we finde our selves now to bee that heretofore we have not seene, & what are the occasions that should moue vs now to humble our selves before our God by publike fafling, more the we did in the beginning when this Gospell was now last offred voto vs? for then by al appearance, we & it in our persons stood in greater danger then we do yet. We answere, that the causes are more then for griefe of hart we can expresse. First, because that in the beginning we had not refused Gods graces, but contrarywife with fuch feruency we received them, that we could be are with no kind of impiety: but for the suppressing of the fame, we neither had respect to friend, possestion, land, or life, but all we put in hazard, that Gods trueth might be advanced, & idolarry might be suppressed. And therefore did our God by the mouth of his messengers, in al our advertities, affure vs that our enemies thould not prevaile against vs, but that they should be

hibdued vnder vs, that our God hold be glo rified in our example & vpright dealing. But now fince that carnall wiledome hath perfwaded ys to beare with manifest idolatry, and to Infer this Realme which God hath once putged, to be polluted againe with that abhomination : yea, alas, fince that some of vs, that God made sometimes instruments to suppres that impiety, haue bin the chiefe men to conduct & conucy that Idol throughout all the quarters of this Realmesyea, to the houses of them that fortimes detefted the Maffe, as the Divel and his fervice. Since that time we fay, we have found the face of our God angry against vs. his threatnings have bin sharp in the mouths of his Meffengers, which albeit for the time we despised and mocked, yet iust experience conuiteth vs, that we were wicked, and that they in threatning vs, did nothing but the du tie of Gods true Messengers.

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And this is the second cause that moueth vs' to this publike humiliation, rather now then in the beginning: to wit, that then we followed God, and not carnal wisedome, and therefore made he few in number, searcfull to made

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ty, fooles before the world, to confound the wiscand such as before neuer had experience in Armes, God made so bold and so prospezous in all their enterprises, that the expertest Souldiers feared the poore Plough-mensyea, our God fought for vs by Sea and by Land: he moued the hartes of Strangers to Support vs, and to spend their lives for our reliefe. But now alas we fee no figne of his former fauour for wisedome or manhoode, strength and friendes, honour and bloud toyned with godlynesse, are fallen before our eyes, to let vs vnderstand what shall be our destruction, if in time we turne not to our God, before that his wrath be further kindled. But this is not the end. For men had before hope (or at least some opinion) that God should mooue the Queenes Maiesties hart to heate the blessed Gospel of Jesus Christeruly preached, and so confequently, that she should abandon all Idolatry & falle religion. But now the hath given answere in plaine words, that that religion in which the hath been nourished (and that is mecreabhomination) she will maintaine and defend. And in declaration therof, of late dayes there OF PRITTING

there is erected a displayed Banner against Ich fus Christ. For corrupted bypoctnes, and fuch as have been knowen deceivers of the people, are now authorised to spew out their poylon against lesus Christ, his eternall trueth, and true Messengers of the same. That Idoll the Maffe, is now againe in divers places creeted. And what hereof may enfue, yea, or what may we looke shalbe the end of fuch vnhappy beginnings, we defire the godly deepely to confider. But let it be graunted that we had not fallen backe from our former feruency, that we faw not Gods angry face, threatning vs with more fearefull plagues to follow, that the best part of our nobility were not exiled this Realme, neither yet that our Soueraigne were enemie to our religion, that the beare no greater fattour to flattering Friers, and to corrupted Papiftes, then fhe doth to our pure Preachers.

Supposing we say, that we had none of these foresaid causes to move vs (howbeit we have them all, and moe, if that we list to remember them) yet is there one, which if it moove vs notto humiliation, we show our

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felies more then infensible. For now is Satan so enraged against Iesus Christ, and so odious is the light of his Gospel vnto that Romane Antichrist, that to suppresse it in one pronnee, realme, or nation, he thinketh it nothing, vnlesse that in all Europe the godly, and such as abhorre the Papistical impietie, be therewith also viterly destroyed, and so rased from the sace of the earth, that no memorie of them shall after remaine.

If any thinke that such cruelty can not fall into the hartes of men, we sende them to be resolved of those Fathers of the last Councell of Trent, who in one of their Selsions, have thus concluded. All Lutherans, Calvanistes, and such as are of the new Religion, shall otterly be rooted out. The beginning shall be in France, by conducting of the Catholike king Philip of Spaine, and by some of the Nobilitie of France: which matter I say, put in execution, the whole power of both, togither with the Popes armie, and force of the Dukes of Sauoy, and Ferrar, shall assault Geneva, and shall not leave it, till that they have put it to sacke, sauing in it no lyving creature.

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And with the fame mercy shall so many of France, as have tafted of the new Religion, be ferued. From thence expedition shall be made against the Germanes, to reduce them to the obedience of the Apostolike seate. And so shall they proceed to other Realmes and Nations, neuer ceasing till that all be rooted out, that will not make homage to that Romane Idoll. How fearefull a beginning this conclusion & determination had, France wil remember mo ages then one . For how many about a hundreih thousand men, women, babes, virgines, matrones, and aged fathers, fuffreds fome by fword, some by water, some by fire, and other tormentes. The yery enemies them felues are compelled to acknowledge. And albeit that God of his mercy in a part disapoynted their cruell enterprises, yet let vs not thinke that their wil is changed, or their malice affwaged. No, let vs be affured, that they abide but of portunitie to finish the worke that cruelly against God, against his trueth, & the true professors of the same, they have begun. The whisperings wherof are not secret, neither yer the tokens obscure. For the trafique of that Dra-

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gon, now with the Princes of the earth, his promises and flattering entilementes tende to none other ende, but to enslame them against Iesus Christ, and against the true professours of his Gospell. For who can thinke that the Pope, Cardinalles, and horned Bishops, will offer the greatest portion of their rents for sustaining of a VV arre, whereof no commoditie should redound (as they suppose) to themselues? If any thinke that we accuse them without cause, let them heare their owne wordes; for this they wrote neare the ende of the same decree.

And to the ende that the Holy Fathers on their part, appeare not to be negligent, or vn-willing to give their ayde & support vnto so holy a warre, or to spare their owne rents and money: have added that the Cardinals shall content them selves of the yearly rent of, 5, or 6, thousand duckets, and the richest Bishop of 2. or. 3, thousand at the most and to give frankly the rest of their revenues to the mainteyning of the warre, which is made for the extirpation of the Lutherans and Calvinists sect. And for restablishing of the Remane Church,

good and happy end. If there be not open declarations, in what daunger all faythfull stand, if they can bring their cruelty to passe, let very idiots judge. But let vs heare their conclusion, Fraunce & Germany (say they) being by these meanes so chastissed, abased, and brought to the obedience of the holy Romane Church, the Fathers doubt not but time shall prouide, both counsell and commodity, that the rest of the Realmes about may be reduced to one slocke, and one Apostolike gouernour and Pastour. &c.

By this conclusion we thinke that the very blinde may see what is purposed against the Sain tes of God in al Realmes and nations, to wit, destruction with cruelty, or els to make them to worship that blasphemous beast, who being an Idoll, vsurpeth to himselfe the name of Vninersall Passour. And being knowen to be the man of Sinne & Perdition, will be holden for an Apostolike gouernour. But some shall say they are yet far from the ende of their purpose, and therefore we neede not to be so fear efull, nor so troubled: We answere, the

danger may be nearer then we beleeve: year perchaunce a part of it hath bin nearer to our neckes, then we have confidered. But how for euer it be, feeing that God of his mercy hath brought foorth to light their cruel & blooddy counfell, in which we neede not to doubt, but still they continue: It becommeth vs not to be negligent nor flouthfull. But we ought to follow the example of Ezechias the King of Inda, who receiving not onely the spitefull auniwere, but also the blaiphemous and threaming letter of Senacherib, first fent vnto the Prophet Esayas, and pitifully complayned of the inftant troubles, willing him to make intercession vnto God, for the remnant that were left. Vito whom about that the Prophet answered comfortably, affuring the King, that the enemie should not come for neare as to shoot dart or arrow within lerufalem : yet ceased not the godly king to present himfelte in the Temple of the Lord. And as a man dispairing of al worldly comfort, spread abroade the letters that proud Senacherib had fent voto him, and made voto God his most feruent prayer, as in the 57 . Chapter of the

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Prophet Esayas we may reade. The enemy had turned backe, and God had put a bridle in his nostrilles. And so men might have thought that the King needed not to have bin fo troubled. But the spirit of God instructed the hart of his feruant, to teeke helpe where it was onely to be found, and from the handes of God, who onely was able to put finall ende to that tyranny. The example we say of this approved fervant of God, we ought to follow now, when the like destruction is entended against vs, yea, not against one Realme only, but against all that professe the Lord lesus, as before we have beard. Albeit that God of his mercy hath staied the fury of the Papistes for a time, we ought not to thinke that their malice is changed, neither that fuch astruely protesse the Lord lesus, can be in securitie, for long as that Babylonian whoore hath power to enchaunt the Princes of the earth. Let vs therefore understanding that she being drunken with the blood of the Sain des, can never repent of cruelty and murther, vic against her the spirituall weapons, to wit, carnest inuocation of Gods name, by the which we find the proud

proude Tyrants of the earth, in times past, to haue bin ouerthrowen. Aboue all these causes aforefayd, we have yet one that ought not to be omitted: to wit, the body of this Realme hath long enjoyed quietnesse, while that other nations about vs haue bin seucerely plagued. What thousands dyed in the East countries: and in England of the Pestilence? Anno. 1564. Their owne confessions beare record: what crueltie hath been executed in France? what townes spoyled, & murther comitted, somewhat before we have declared, and more we might, if that we had not respect to breuitie and time. And what trouble is prefently, and long hath been betwixt Denmarke and Smeden, the posteritie of that Countrey will after vnderstand.

And in all this time, now fixe yeeres and more, hath God spared vs, so that the publike estate hath alwayes remayned quiet, except within these few monethes. Ought not the deepe consideration of this mooue vs now to stoope before our God? For have we been spared because that our rebellion to God is lesse, then is the rebellion of those nations that

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we have leene punished! If we thinke lo, we are farre deceived.

For in to great light of the Gospell, we thinke that greater inobedience was neuer shewed vnto God, nor greater ingratitude vnto his Messengers, fince the dayes of the Apofiles, then of late yeeres hath been (and yet is) within this Realme. Idolatrie is obstinately mainteined, who redome and adultry are but pastimes of the flesh, slaughter and murder is efteemed small sinne: if any man baue friend in Court, craftie dealing with the simple, deceipt & oppressio is counted good conquest, (yea, alas almost vniversally) partialitie in judgement is but interpretation of lawes year delaying of inflice, what matter is that? What reverence is had to Gods mellengers, &c what respect vnto the poore that now so multiply within this Realme (that the like hath feldom been seene) though we will cease, the stones will cry, and condemne vs: and yet what fuperfluitie? What vanitie? What feafting, tiotous banqueting hath bin, and yet is vied in Court, countrey, and townes, although the tongues of men dare not speake, yet we think C.

the purses of some do feele, and in their many ner complaine. If these be not sinnes that crave Plagues from God, we humbly desire men to consider what are the sinnes that were layde to the charge of Sodome and Gomorrah, by

the Prophet Exechiel.

Now fay wee, God before our eyes hath punished other, and can he spare vs? Being more sinfull then they were? Nay he can not And therefore there refles nothing vnto Vs but vtter destructio, if we vnfainedly turne. not vnto our God, before that his wrath be further kindled against vs . Iudgement is be gun in his owne house : for if within Scotland amongstmen of their estate, there was to be found equitie, iustice, temperance, compaid sion vpon the poore, and vpright conscience they did most cleerely shine in them, whom God befere our eyes hath first deieded. There fore (yet againe) we fay, that only repentance can faue vs from Plagues more greenous the they have felt, or that we have feene of many yeeres within this Realme.

But now we know, that fuch as neither low for my God, nor truely feare his judgments, for my

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ny Atheists we have, and ranke Papists with in this Realme shall grudge and cry, What new ceremony is this that now we heare of? Wherfore that we fall And who hath power to commaund vs fo to do? A figge for their fafling, we will fill & fluffe our bellies after the old fashion, &c. Let not the godly be offended at the tauntes and reproches of fuch godleffe people, but let vs tremble before our God, & consider that such hath been the proude contempt of the wicked in all ages before vs, as in the Prophets we may read. For Efay complaineth, faying: When the Lord calleth to fackcloth and aftes, there is nothing heard, but let vs eate and drinke, kil the fat beafts, and make banketsslet vs bring wine in aboundance ! and more, if we must die, let vs depart in ioy, for so they meant when that they sayd, let vs cate & drinke, to morrow we shal die. But let vs confider what answere they receive. As I line, Sayth the Lord, this your iniquitie shall not be forgiven wato the death, I shall take from you the mirth of Wine and Oyle, your young men shall fall by the sword, your aged men shall be kade Captines, your delicate Dames shall tros

ropon their feete ouer the River (meaning Enphrates) their buttockes shall be naked, and their shame shall not be hid. &c. leremie the Prophet preached and cried even to the King and to the Queene, and commaunded them to walke in lowlinesse, to do instice, to repress impietie: and so he promised that they should sit still upon their throne in ioy and quietnesse. But if they would not he boldly pronounced that their carkasses should be cast to the beate of the Sunne, and to the frost, and cold of the night. Ezechiel in his age vieth the fame order, and in his owne body sheweth vnto them signe of humiliation, and of the plagues that should apprehend them for their rebellion. All their admonitions were despised, we confesse: but thereto we should not looke, but voto that which ensueth such proud contempt.

If we would that our places should be so destroyed, that they should remaine desolate and be dennes to Dragons. If we would that our land should be layde waste and be a pray to our enemies: and if we would that the relative Plagues threatned by the Prophetes and which have apprehended the disobedien

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before vs, should come vpon vs in full perfection. Then we neede neither to fast nor pray, repent, nor turne to God. But if we desire either to find mercy in this life, or ioy & comfort in the life to come, we must shew our selues vnsainedly sory for the abhominations that now vniuersally raigne: we must be like Lot in Sodome, and Noah, in that Catholike defection from God, which was in the first age: and by their examples, and notable deliverance, ought we to be encouraged, to shew our selbes sory for this present corruption, & to set our selves against it, to the vitermost of our power, vnlesse that we would have porsion with the wicked.

Neither ought we to be discouraged, because that the contemners, godlesse people, and mockers of all godlynesse, shall exceede

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Their number (deare brethren) shall not hurt our innocencie, if that we with vusained hartes turne vuto our God, for the promise of his mercy is not bound vuto the multiends so that he will not heare, but where the greatest part is godly. No, deare brethren, where-

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foeuer two or three be gathered in his name, there is he in the middest of them: and againe, Whosoeuer calleth vpon the name of the Lord, he shalbe saueds yea even when in Gods displeasure the whole world shalbe plagued. And therefore let vs not follow the multitude in euill doing: but let vs decline fro the wayes of their vanity, and by vnfained humiliation of our selves: let vs purchase fauour before that Gods vengeance burst out like sire.

The power that we have to proclayme this Fasting, is not of man, but of God, who by the mouth of the Prophet Ezebiel pronounceth this sentence: If the Watchman see the Sword, or any other Plague comming upon the Land, if he blow not the Trumpet, and plainely warne them to turne to God a and if the Sword come and take any away, the wicked shall perish in their iniquitie: but their blood shall be required from the handes of the Watchman. Now so it is, that God of his mercy hath ray-sed up amongst vs moe VV atchmen then one or two, of whose mouthes we can not deny, but we have heard searcfull threatninges of Plagues.

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And therefore we in the feare of our God, willing to avoid the vttermost of the plagues, have with one confent concluded this godly exercise to be vsed amongst vs, in signe of our vnfained humiliation : which albeit the godlesse shall mocke, yet are we assured, that he who once propouced this sentence, The soule that hal not be afflicted that fame day (to wit, the day appoynted to publike humiliation) hal periff from amongst the people:yea, eue ry foule that shall do any worke that day, I shall destroy such a soule from the middest of his people. The ceremonie and the certaine appoynted day we know to be abolished at the comming of Icfus Christ, together with the rest of the figurall Ceremoniess but the effect thereof shall abide so long as there abid deth any true Church vpon the face of the earth, vnto the which repentance and remifsion of sinnes are publikely preached. And therefore albeit we have no corporall punishment, to lay vpon the contemners of that godly exercise, yet have we the spiritual sworde,

which once will strike forerthen any materi-

all fword can or may.

The judgementes & justice of our God are immurable, he abideth the fame and one God that drowned the world by water, that confumed Sodome and Gomorrab with fire from heaven, that plagued Pharao, destroyed Ierusalem, and hath executed his fierce judgementes in all agessyes, and even before our eyes: It is the same God (we say) that this day by his faythfull servantes calleth vs to repentance, whole voices if we contemne, we declare our selves rebellious to our God, mockers of his threatnings, and fuch as sometimes in despaire cryed, We will walke according to the luft of our owne hartes: and let the counsell of the boly one of Ifrael come as it lift. &c. And if we fo do, then woe, yea, woe and double damnation: vnto ys: for then euen as affuredly as God liueth, foaffbredly shall the Plagues that our cares have of heard, be powred foorth vpon vs, cuen in the eyes of this fame peruerle geperation, with whom we contemne God, & before whom we are neither teared nor afhamed, stubbornly to proceede from sinne to con-

contempt. Our hope is better of you deare breathren) that have professed the Lord Telus with vs, within this Realme, albeit that this we speake to let you vnderstand what rebellion hath been in flesh before vs, and how it hath been punished: that we may learne to stoope before our God, by vnfaigned repentance, and then we shall be assured, that according to the promise made by the mouth of loel : Our God shall leave unto us a blessing, albeit that the vehement fire of bis wrath shall consume the disobedient.

But now least that we should thinke that the observatio of the ceremonie is enough to please God, we must voderstand what things must be igyned with fruitfull fasting, & what things they are that may make our falting odious to our God, And first we have to vinderfland, that Fafting by it felfe confidered, is no fuch thing as the Papistes heretofore haue imagined to wit, that it is a worke meritorious, & a facisfactio for the finnes before committed. No all they that fast with that intent, renounce the merites of Christes death and passion, in so much as they ascribe to safting which

(which is but an exercise vsed by man) that which is onely proper to Iefus Christ: which is, that he by offering vp him felfe once for al, hath made perfect for ever, those that shalbe fandified : we muft further vnderstand, that as the kingdome of God is neither meate nor drinkes fo is neither Fasting by it selfe simply confidered, the cause why that kingdome is grafited to the cholen, neither yet eating (moderate we meane) any cause why the reprobate are frustrate therof. But ynto fasting there must be somewhat ioyned, if that God shall looke vpon it at any time in his fauour. The Prophet loel is witnesse hereof, who in the perfo of God, faid vnto fuch as he had seueerely threatned. Turne unto mee in your whole hart, infasting and mourning : in which wordes, the holy Ghost first reugireth the conversion of the hart vnto God, and thereto ioyneth fafling & mourning, as witnesses of the forrow that we have for our former offences, & feare that we have of his scucere judgments, the reliefe wherof we publikly professe we can obtaine by no other meanes, but by Gods free mercy, from whom we have before declined.

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d. Sg So that the very exercise of fasting, and moutning, & prayer therwith annexed, fo folemaly protested, that by our fasting, we merite not, for he that still confesseth his offence, and in bitternesse of hart cryeth for mercy, doth not brag of his merites : if the Papiftes reply, Yet God looketh to the fasting & heareth the prayers of fuch as rightly humble them felues before him:we deny notibut therto we adde, that rightly did neuer man humble him felfe. before God, that trufted or gloried in the merites of his owne workes; for without fayth it is vnpossible to please God, and fayth dependeth vpon the promise of Gods free mercy through Iefus Christ, and not vpon the merites of any works. The Pharifey in bragging was reiected, but the Publican in denying himfelfe, and calling for mercy, was inflifieds not by his workes which he bad not, but by grace & mercy, for the which he lobbed. Dawiel fasted, confessed his sinnes, and the sinnes of the people, & thereo he added most earnest and feruent prayers. But doth he alleage any of them as a cause why God should either be mercifull to him or to the people? may we find

no fuch thing, but the plaine contrary, for thus he concludeth. Now therfore our God heare the prayer & supplication of thy servant, and thew thy pleafing vifage vnto thy Sanctuary, that lyeth waste, for the Lordes sake. O my God give eare that thou mayest hearesand open thine eyes, that thou mayelf fee the wafte places of the Citie, which beareth thy name, for wealleage not our righteousnesse in our prayers, that we power foorth before thee: but thy most abounding mercy. Lord heare, Lord be mercifull, Lord take heede, & helpe, and delay not for thy owne felfe my God. We may plainely fee whereupon this excellent ferusunt of God grounded him felfe to purchase Gods fauour, to wit, vpon the Lord that is vpon the Sauiour and Mediatour promifed, vppon the most aboundant mercy of God, and vpon God him felfe, for he vnderstoode what God hath promised, as well by the mouth of Moses, as by the Prophet Esay, faying : Beholde yes I am, yea, even I am the Lord, and there is no God but I. I kill, and give life againe. I give the wound, and I shall heale. For my owns names fake will I do it, fayth the Eter-

Eternall. Vpon these and the like Promises. we fay, did all the Saintes of God in all their extremities depende, and did looke to receine comfort, without all respect to their owne workes : they damned the best of their owne workes, and called them nothing but fylthineste before God. And therefore yet as before, we boldly affirme, that the Papifficall fasting was not onely vaine (for what fasting is it? to abstayne from Fleft, and to fill the belly with Fish, Wine, Spice, and other delicates) but also it was odious voto God, and blasphemous to the death of lefus Christ for the causes forewritten, And this much fortly for those thinges that must be loyard with fruitfull Fasting.

Now we have to consider, what thinges may make our Fasting odious, besides this proude opinion of Merite, whereof we have

spoken.

It is no doubt but that Infidelitie maketh all the works of the Reprobate odious before God: yea, even when that they do the very workes that God hath commaunded, as wee may read in Matth. 5.6.86.7. Efay. 1.86.66.66.

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and divers other places. But because that Infidelity lurketh oft in the hart, & can not well be espied, but by the bitter & rotte fruites that fpring thereof: The spirit of God hath painted foorth voto vs in plaine wordes, what vices may make vs and all our workes odious before our God: fo that neither will he heare our prayers, nor regard our fasting . Salomon fayth : He that stoppeth his eare from the cry of the poore his prayer shall be abhominable before God. And Efay in the person of God, sayth a Albeit that ye shall fretch out your handes, and multiply your prayers, yet will I nor heare your for your handes are full of blood. But most playnely to our purpose speaketh the fame Prophet, faying: The house of lacob dayly feeketh me, and they would know my wayes, as a nation that fought Iustice, and that had not left the judgement of their God, They askeme judgements of justice, (that is, they quarrell with me) and they defire that God shall draw neare. Why have we fasted (fay they) and thou beholdeft not?

We have afficted our foules, and thou despifest it. The prophet answereth in the per-

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fon of God, and faith : Beholde in the dayes of your fast, ye will seeke your will, and require all your debres: behold, ye fast to strife and debate, & to fmite with the fift of wickedneffe: ve shall not fast as they do to day, to make your voyce be heard about, that is to oppreffe others, fo that they are compelled to cry voto God. Is it fuch a fast that I have chosen, that a man should afflict his soule for a day, and to bow downe his head as a Bul-rush, and to lie downe in fackcloth and afhes? Wik thou cal this a fasting, or an ecceptable day vnto the Lord? Is not this the fasting that I have chofen, to lose the bandes of wickednesse, to take off the heur burthens, & to let the oppressed go free, and that ye breake euery yoke? Is it not to deale thy bread vnto the hungry? And that thou bring the poore that wandteth vnto thy house? Whe thou seeft the naked that thou couer him? And hide not thy felfe from thine owne fleft. Then shall thy light breake foorth as the morning, and thy health shall grow speedely, thy righteousnesse shall go before thee, and the glory of the Lord shall embrace thee.&c. In these most notable senten-

ces, and in such as follow in the same place, we have to marke, what thinges may make out falling to be rejected of God, what he craueth of fuch as falt fruitfully, and what promife he maketh to fuch as obey him. This people externally professed God, they dayly fought his face by repayring to the Temple, hearing of the Law, and exercifing of the factifices; yet did God plague them in moe fortes then one, as in the booke of the Kings & Chroniclkes we may read, In their extremitie they ranne (as to them appeared) to the vitermost refuges they fasted, and vnfaignedly humbled their bodyes, for that the Prophet meaneth, when that he layth, That they fasted till that their neckes were weakned, and made faynt as a Bulruft, for very lacke of corporall foode. They layde off their gorgious Garmentes, and put on Sackcloth. &c. And yet were their troubles nothing relieved. And that was the cause why they quarrelled with God, and faid: Why baile we fasted, and thou hast not feener &c . And in very deede to the natural man it was ftrange. for GOD had promifed that he woulde comfort his people, when focuer they should

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humble themselves before him, notwith-

standing their former iniquitie.

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In the externall ceremonies, nor in the corporall exercises, there could no fault be efpyed. Why then dooth not GOD heare them? complaine they? God answereth that their outward profession was but hypocrisie, their fasting was but mocking of God and their prayers could do nothing but prouoke him to further displeasure. Because that albeit they retained the name of God, & albeit that they appeared in his Temple, yet had they forfaken both his judgements, Ratutes, and holy ordinances. Albeit the body stooped, and was afflicted by fasting, yet remained the heart proude and rebellious a. gainst God, for they followed their owne corrupted wayes, they oppressed such as were fubicat vnto them, their heavie yoake lay vpon the neckes of fuch as could not rid themselves from their bondage. Amongest them were strife, debate, whisperings of malice, yea, open contention, and manifest violence, which were all euident declarations of proude harts, and impenitent foules. And therefore God giucth vnto them open defiTHE PARTY OF THE PARTY

ance, in the time when they thinke that they feeke his peace most earnestly. And hereto ought we this day that professe the Lord Icfus, and have renounced abhominations of Papistry within the Realme of Scotland, give diligent heed. For it is not the simple knowledge of the trueth onely, nor yet the externall profession of the same, that is acceptable before God. Nay, nay, deare brethren, he requireth the fruites of repentance, and they are, to decline from euill, and to doe good, as wee may reade in many places of the Scripture. Thinke we it a thing agreeable with the nature of the Eternall GOD, that he shall receive vs in favor, after that we haue offended, and wee will not for his fake remit the injuries that are done to vs. Can wee thinke to be at peace with him, when that we stubbornely will continue in strife amongeftourselues: Shall hee relieue our griefe, bondage, or yoke, and we not relieue the burdens that vniustly wee lay vpon our brethren: Shall he bestowe his vndeserued mercie vppon vs, and wee shew no bowelles of mercie, to fuch as wee fee in mife riebefore our eyes. Letvs not be deceived,

God

God cannot deny himselfe. Murther, malice, hatred, cruelty, oppression, strife, theft. deceit, vniust dealing, couetoushesse, auaritiousnesse, and vnmercifulnesse vnto the poore; besides pride, who redome, adulterie, wantonnesse, and the rest of the workes of the flesh, are so odious before God, that while that any of them raigneth in the hart of man, hee and his whole workes are detestable before God. And therefore if we defire that Gods fearefull judgements shall be stayed, let vs (that know the trueth, and fay that wee professe the same ) vnfainedly returne vnto our God. Let vs not be inferiors to the King of Niniuie, who commaunded euery man to turne from his wicked wayes, and from the iniquitie that was in his handes. Let vs confider what our God craueth of vs, but specialy let Earles, Lords, Barons, Burgeffes, and Artificers confider by what meanes their fubstances are increafed.

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It is not enough to inftifie vs before God, that civill Lawes cannot accuse vs. Nay brethren, the eyes of our God pierseth deeper, than mans Lawe can stretch. The Lawe of

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man cannot conuince the Earle, the Lord, the Baron, or Gentleman, for oppressing of the poore labourers of the ground, for his defence is ready. I may doe with mine own as best pleaseth me. The Merchant is just enough in his owne conceit, If before men hee can not be convict of theft and deceit. The Artificer and Craftf-man thinketh him selfe free before God; albeit that hee neither worke sufficient stuffe, nor yet sell for reasonable price. The world is euill, faith he, and how can men liue, if they doe not as others doe: And thus doth euery man leane vpon the iniquitie of another, and thinketh himfelfe sufficiently excused, when he meateth craft with craft, and repulseth violence, eyther with deceit, or elfe with open injurie. Let vs be affured, deare brethren, that thefe be the finnes which heretofore haue prouoked God, not only to plague, but also to deftroy, & vtterly ouerthrow frong realmes, and flourishing common-wealths.

Now feeing that the iustice and iudgements of our God, abide for euer, and that he hath solemnely pronounced, that eueric Realme, Nation, or City, that sinneth, as did

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Inda, & Ierufalem, shal be likewise punished. Let that feareful destruction that came vpon them, in the which, after hunger and peftilence, the fword devoured without difcretion, the rich and poore, the noble, & those that were of base degree, the yong and olde, the priests and prophets, year the matrons & virgins escaped not the day of that sharp vifitation. Let their punishment, we fay, prouske vs to repentance, and so no doubt wee shall finde fauour in the eyes of our God, albeit that hee hath begunne to shew vnto vs euident fignes of his displeasure, iustlie conceiued against vs . But (as God forbid) if wee mocke his Messengers, and despise his woordes, till that there bee no remedy, as they did, Then can wee (whome God hath raised uppe to instruct and forewarne you) doe nothing but take witnesse of heauen and earth, yea, and of your owne conscience, that wee haue faithfully instructed you in the right way of GOD, aswell concerning his true worshipping, as in doing of your dueties one man to another. And also that we have forewarned you of the plagues to come, first, by our tongues,

### ATTREATISE

and now by our pen, for a perpetual memorial to the posterity that shal follow: who shal glorifie God, either for your conversion, or else for your iust condemnation, and severe punishments, if ye continue inobedients

To prescribe to every man his duety in particular, we cannot, because we know not wherein every man, and every estate particularly offendeth, but we must remit every estate, and every man in his vocation, to the examination of his owne conscience. And that according as God commandeth in his holy Lawe, and as Christ Iesus requireth, that such as shall possesse the kingdome with him, shall do.

Which is, whatfoeuer (faith he) that yee would men should doe vnto you, do yethe like vnto them. By this rule which the Author of all equitie, instice, and policie hath established. If wee appoynted the Earles, Lordes, Barons, and Gentlemen, to try their owne consciences, whether that they would be content that they should be intreated, (if God had made them busband-men, and labourers of the ground) as they have entreated, and presently doe entreate, such as

fometimes had a moderate and reasonable life vnder their predecessours: Whether (wee say) that they would be content that their tenements and rents should be raised from rent to rent, from one Farme to two, and so going vpward, till that for pouertie, the auncient Labourers are compelled to leave the ground in the hands of the Lord.

If with this entreatement they woulde be content, wee appeale to their owne conscience. And if they thinke that they would not, then in Gods name wee require them to beginne to reforme themselves, and to remember that it is not wee, but that it is Christ Iesus that so craueth of them. And vato the same rule wee send Judges, Law. yers, Merchants, Artificers, and finally, euen the very laborers of the ground themselves. That every one in his owne vocation may trie how iustly, vprightly, and mercifully he dealeth with his neighbour. And if he find his conscience accused by the former sentence of our Maifter Het him call for grace, that he may, not onely repent for the time past, but also amend in times to come, and fo shall their fasting and prayers be acceptae vnto God.

If men thinke that wee require the thing that is vnpossible. (For what were this else, but to reforme the face of the whole earth, which neuer was, nor yet shall be, till the righteous King and Judge appeare, for the restauration of all things?) We answer, that we speake not to the godlesse multitude, neither yet to fuch as are mockers of Gods judgements, whose portion is in this life, and for whom the fire of hell (which now they mocke) is affuredly prepared. But we speake to such as have professed the Lord Iefus with vs, who have communicated with vs his bleffed facraments, have renounced Idolatry, and haucauowed themselves to be new creatures in Iesus Christ, in whome they are ingrafted as lively branches, apt to bring forth good fruite. Nowe why it should be thought vnpossible, that these men (of what vocation soeuer they be) should beginne to expresse in their lives, that which in woorde they have publikely professed, we see no good reason, vales that they would fay, that it is ynpossible that god chall now worke in men of this age, as wee reade

### OF PANY BRACES

reade that hee hath wrought in men before vs, and that were blasphemie.

more shortned towards vs, than it hath been towardes those that have passed before vs. At Gods commaundement Abraham left his Fathers house and native countrie. Mosses preferred the condition of the people of Israel, even in their greatest affliction, to the riches and glorie of Pharaohs Court. Danid vpon the vnction of Samuel did patiently abide the persecution of Samuel did patiently abide the persecution of Samuel Results and cheus at a dinner with Christ Iesus, was not onely content to restore whatsoever he had before defrauded, but also to give the halfe of all his substaunce to the relecte of the poore.

And the Faithfull in the dayes of the Apostles, solde their possessions, and ministred vnto the needle. None of these excellent workes craue we of the Faithfull in our age, but only those, without which the spirit of sanctification cannot be knowne to be in man, to wit, that enery man speake the trueth with his brother, that none opposite

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nor defraude another in any bufinesse, that the bowells of mercy may appeare amongst fuch as God hath called to his knowledge; and finally, that we altogether that professe the Lord Iesus, and doe abhorre idolatrie, abhorre also all kinde of impietie, studying to abound in all good workes, and to shine as lights in the midest of this wicked generation. Which if we do not, we declare no doubt that Christ Iesus dwelleth not within vs, but that we are they that heare and know the will of our Lord, but doe not the fame. And vnto what curfe and malediction fuch persons are subject, the parable of the figge tree which was threatned to be cut downe, if it brought not forth fruit, the curse given to it, vppon the which Christ Iesus being hungry, found no fruit, and his last sentence against the reprobate, doe sufficiently witnes. Wherein we have to observe, that the reprobate are adjudged to the fire that never shall be quenched, not onely because they committed iniquitie, but also because they were not found fruitefull in good workes. Let every man therefore that will avoyde plagues temporall and perpetuall, vnfained-

### OF FASTING.

ly fludy to accomplish in worke, that which in word, and outward profession hee doeth an auowe, and uppon such no doubt shall the blessing of God rest, when the manifest contemners, and the cloked hypocrites shall be rased from the face of the earth, and shall be cast into uttermost darkenesse, where there shall be weeping and gnashing of teeth without end, which shall be the rewarde of all their wicked workes.

Moe things we would have written, such as the notes upon the discomfiture of Joshua at Hay, and of the Israelites fighting against Beniamin, together with the foolish opinion of the Papiffs, who think themselues bound to fast forty dayes, (which they call their Lent) because that Christ Iesus fasted forty dayes, immediately after his Baptisme. But these we are compelled for this present to pretermit, by reason that the time appoynted to this present exercise of fasting approcheth fo nigh. If it shall please God of his mercy to continue the light of his Gospelamongst vs, this Argument will be enlarged and fer foorth with greater circumstaunces from time to time.

Now

# ATREATISE

Now to the order, exercise, & abstinence that is to be kept in this publique Fasting. First it is to be observed, that the two dayes before expressed, to wit, the second & third Sunday of Maie instant, are not appoynted for any religion of time, neyther yet that those precise dayes shall be observed everience to lowing, but because that shortely thereafter are the Estates of this Realme appoynted to assemble in Parliament. Therefore the whole assembly thought those dayes for the present necessitie most meete, leaving in the liberty of the Church, what time they wil appoynt to that exercise in all times to come.

The Sundayes are appoynted, not of superstition, neither to bring in any schisme within the Church, but because that vpon the Sunday the people (especially that dwel in country townes) may best attend vppon prayer, & the rest of the exercises that ought to be iouned with publike fasting.

The abstinence is commaunded to bee from Satterday at eight of the clocke and night

night, till Sunday after the exercise at after noone, that is, after fine of the clocke. And then onely bread and drinke to be vsed, and that with great sobrietie, that the body crauing necessary Food, the soule may be pronoted earnestly to crane of God that which it most needeth, that is, mercy for our former vnthankefulnesse, and the assistance of his holy Spirite in times to come.

Men that will observe this exercise, may not any of the two dayes vie any kinde of games, but exercise themselves after the publike assemblies in privy meditation with

their God.

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Gorgeous apparell woulde be abstained from, during the whole time of our humiliation, which is from the one Sunday in the morning, till the next Sunday at night. Albeit that the straitnesse of abstinence is to be kept, but the two dayes onely.

We do not binde the consciences of perfons that be vnable to beare the extremity of the abstinence, and yet do we exhort them to vse their libertie (if anie they doe take) in secret, lest that others, either followe their cuill example, or else judge them to be despiters despifers of so necessary an exercise.

The time that shalbe spent, as well before noone as after, must be left to the wisedome of the discreete Ministers, who best can iudge both what the auditors may beare and what themselves are able to sustaine. But because this exercise is extraordinary, the time thereof would be formewhat longer than it is vsed to be in the accustomed affemblies. And yet wee would not have it fo tedious, that it should be noysome to the people. And therefore we thinke that three houres and lesse, before none, and two houres at after noone, shall be sufficient for thewhole publike exercise. The rest to bee spent in priny meditation, every familieapart.

of Maie, as before is said, shal every Minister give advertisement to his slocke, of such things as are to be done the next Sunday following, and of the causes of the same, with such exhortation as God shall put into their mouthes, to make the people to embrace the just commaundement of the Church

with more glad minds.

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In townes we thinke expedient that the exercise of the doctrine beginne vpon the Satterday at after noone, immediately beforethe first Sunday of abstinence, that the people may be the better prepared, religioufly to vie the observation of the next day. But in villages we thinke good, that the doctrine beginne the Sunday before. The argument of the Sermon and exhortation to be taken from some proper place of the Pro phets, as of Itel the first, where he faith, Sanetifie a Fast, appoynt the affembly &c. Or of Ionas the third, where Ionas cryed, and yet forty dayes, and Nininie shall be destroyed, &c. Or of leremy the seauenth. Where that he faith, Heare the word of the Lord all Inda, and ye that enter in by these gates, &c. Or of the thirteene of Luke, vpon the declaration of them that shew to our Maister the crueltie of Pilate, and vpon his answere. Or vppon any other proper place within the Scripture, that entreateth of repentance, of publike humiliation, of the causes, & of the fruites of the fame. This ended, as it were for preparation, the beginning shall be vpon Sunday, from the lawe of God, because that

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that all that offendeth Gods Maiestie, proceedeth from the transgression thereof, and therefore, after a short prayer, that it will please God to make his holy worde to fruchise among vs, this confession shalbe made

The Confession that shall goe before the reading of the Lawe, and before eucry exercise.

IT is of thy mercy, O Lord, and not of our merites, that it hath pleafed thee to shew thy selfevnto the worlde, even from the beginning, and vnto vs now in this last and most corrupt age, yea Lord we further confesse, that neither Law nor Gospel can profitevs to faluation, except that thou of thy meere grace woorke in vs aboue all power that is in this our nature. For albeit thou teach, we shall remaine ignorant, albeit thou threaten, we shal contemn. And albeit thou promise mercy and grace, yet shal wee defpaire and remaine in infidelity: Vnlesse that thou create in vs new hearts, write thy Law in the fame, and feale in vs remiffion of our fins,

finnes, and that the fenfe and feeling of the fatherly mercy, by the power of thy holie Spirite . To the olde world thou fpakeft by Noah. To Pharao and his people by thy feruant Mofes. To all Ifrael by the fearefull trumpet of thy Lawe . To the Cittie of Isrusalem, by thine owne wisedome, our Lord Iefus Christ. And to the multitude, aswel of Iewes as Gentiles, by the preaching of thy holy Apostles. But who gave obedience? Who trembled, and constantly feared thy hote displeasure: Who did rightly acknowledge the time of their visitation: And who did embrace and keepe to the ende, thy fatherly promifes: over miles by that one or

Onely they, O Lord, to whome thy spirite was the inward teacher, whose heartes thou openest, and from whom thou remouest rebellion and insidelitie, the rest were externally called, but obeyd not, they heard as well mercy offered, as threatnings pronounced, but neither with the one, nor with the other were they essectually monuted. We acknowledge, O Lorde, that the same corruption lurketh in vs, that buddeth forth in them to their destruction, and suff

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condemnation. And therfore we most hum bly befeech thee, O Father of mercy, for Iefus Christ thy fonnes fake, that as thou hast caused the light of thy woorde clearely to thine amongst vs, and as thou hast plainely instructed vs by the externall ministerie in the right way of faluation. So it will pleafe thee inwardly to moue our dull hearts, & by the power of thy holy Spirite, that thou wilt write and seale in them that holy feare and reuerence which thou crauest of thy chosen children, and that faithfull obedience to thy holy will, together with the feeling & fenfe that our finnes are fully purged, & freely remitted by that only one Sacrifice, which only by it selfe is acceptable vnto thee, to wit, the obedience, death, and meditation of thy onely Sonne our foueraigne Lord, only Paflour, Mediatour, and Hie prieft, our Lorde Iefus Christ: To whom with thee, and with the holyghoft, beall honor and glory, world without end.

This Confession ended, the Minister or Reader shall distinctly reade the 27. and 28. of Deuteronomie, which ended, the Minister shall wish every man to discend secret.

ly into himselfe, to examine his owne conscience, wherein he findeth himselfe guilty before God. The Minister himself, with the People, shall prostrate themselues, and remaine in private Meditation a reasonable space, as the quarter of an houre or more.

Thereafter shall the Minister exhort the people to confesse with him their finnes and

offences, as followeth:

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Thather euerlasting, holy is thy Lawe, and most instare thy ingements, yea even when thou dost punish in greatest severitie, we do confesse, as the trueth is, that wee have transgressed thy whole Law, and have offended thy godly maiesty, in breaking and violating every precept of the same. And so most instally maiss thou power forth on vs all plagues that are threatned, and that we find powred forth vpon the disobedient at any time from the beginning.

And so much the rather, O Lorde, because that so long we have bin called, by thy holy word to varianed repentance, & newnesseof life: and yet have we still remained

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in our former rebellion, and therfore if thou wilt enter into judgement with vs, wee can neither escape confusion in this life, nor just condemnation in the life to come. But lord thy mercy is without measure, and the truth of thy promise abideth for euer. Vnworthy are we that thou shouldst looke vpon vs, but Lorde, thou hast promised that thou wilt fhew mercy to the most grieuous offenders, whenfoeuer they repent. And further, thou by the mouth of thy deare Sonne our Lord Iesus Christ, hast promised that thou wilt give thy holy Spirite to fuch as humbly call vnto thee. In boldnes of the which promife, we most humbly beseech thee, O Father of mercies, that it would please thy godly maiestie, to worke in our stubborne heartes, an vnfained forrowe for our former offences, with some sense & feeling of thy grace and mercy, together with an earnest desire of iufticeand righteousnesse, in which wee are bound continually to walk. But bicause that neither we nor our prayers can stand before thee, by reason of that impersection which still remaineth in this our corrupted nature: We flie to the obedience and perfect inflice of

# OF FASTING.

of Iesus Christ, our onely Mediatour, in whom, and by whome, we call not onelie for remission of our sinnes, and for assistance of thy holy Spirite, but also for all things that thy godly wisedome knoweth to be expedient for vs, and for thy Church vniuersall. Praying as hee hath taught vs, saying: Our Father which art in heaven, halowed be thy Name, orc.

This ended, the Minister shall reade the Text whereon he will ground his Sermon.

First hee shall expound the dignitic and equitie of Gods Lawe. Secondly, the plagues & punishments that ensue the contempt thereof, together with the blessings promised to the obedient observers of it. Thirdly, he shall teach Christ Iesus to be the end and perfection of the Lawe, who hath perfectly accomplished that which was impossible for the Lawe to doe. And so shall hee exhort every man to vnsained repentance, to stedsaft faith in Christ Iesus, and to shew fruites of the same.

The Sermon ended, the common praier

# A TREATISE

chall be vied that is conteined in the Pialme booke, the co. page thereof, beginning thus God Almighty and heavenly Father, &c. Which ended, the sr. Pialme shall be sung whole, and so with the blessing, the affembly is to be dimitted for that exercise.

At after noone.

A Fter inuocation of Gods name publikely by the Minister, and secretely by every man for a reasonable space. The Minister may take the argument of his Sermon from the beginning of 119. Psal. where the diligent Reader shall observe the properties and conditions of such, as in whose hartes God writeth his law. Or if that be thought ouer hard, then may ye take the text of sohn. God is light, and in him there is no darknes, if we say we have fellowship with him, &c. The prayer is referred vnto the Minister, the 6. Psalme shall be sung.

The bleffing and exhortation, to call to mind wherefore that exercise is vsed, being ended, the publike exercise shall be put to

ende for that daie.

Albeit

A Lbeit that in the countrie, the people can-not well meete every day betwing the two Sundayes, yet in cities and townes were thinke they ought to affemble, an howre before noone, and an howre and more at after noone. The howre before noone, to be the howre accustomed to the common prayers. The howre at afternoone to be at three of the clocke, or after.

The exercise of the whole weeke.

The beginning euer to be with confession of our sinnes, and calling for Gods graces. Then certaine Psalmes, and certaine histories to be distinctly read, exhortation to bee conceaued thereupon, and prayers likewise, as God shall instruct and inspire the Minister or Reader.

Monday before noone.

Pfalm. 2.3. and 10.

Historic 2. of the Iudges.

After noone.

Pfalm. 12. 13. and 17:

Historic 6. of the Iudges.

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Tuesday before noone.

Pfalm. 25. and 28.

Historie 7. of the Iudges,

After noone.

Pfalm. 36. and 40. Historie 4, of the Iudges,

Wednesday before noone, Psalm. 14. and 55. Historie 19. of the Iudges, After noone, Psalm. 44. and 56. Historie 20. of the Iudges.

Thursday before noone.
Psalm. 49. and 57.
Historie 3. and 4. of Ester.
After noone.

Pfalm. the 37. Historie the 5,6, and 7. of Ester.

Pfalm. 59. 61. and 64.

Historie 2. of Paralip. 20.

After noone.

Pfalm. the 69.

Historie the 36. of Ifai.

Satterday

# OF FASTING.

Pfalm. 68. and 70.
Historie the 37. of Ifai.
After noone.
Pfalm. 74. and 77.
Historie 9. and 10. of Efdras.

Sonday the last day of this publike exercise for this time, before noone shall bee vsed in all thinges as the former Sonday, except that the 26. of Leuticus may be read for the 28. of Deuteronomie, and for the prayer shallbe vsed that which is to be found in the Psalme booke, the 165. page beginning. Eternall and euerlasting, &c.

Sonday at after noone. Pfalm. 78. Historie the 9. of Daniell.

The exhortation and prayers ended, for the conclusion shall be distinctly read the so. Psalme, and so with exhortation to everie man to consider, to what end the whole exercise tendeth, with blessing, the assembly shall be dimitted.

## A TREATISE

The Exhortations and Prayers of euerie feuerall exercise, wee haue reremitted to be gathered by the discreete Ministers, for time pressed vs so, that we could not frame them in fuch order as was convenient, neither yet thought we it so expedient to penne praiers unto men, as to teach them with what heart and affection, and for what causes we should pray in this great calamitie, appearing shortly to ouerwhelme this whole realme, vnlesse God of his great mercy, aboue mans expe-Cation finde the remedy. Before whome it is that we have (and presently do) prostrate our felues, for obtaining of those things, without which the light of his Gospell cannot long continue with vs. And therefore yet once againe we exhort, and by the power committed vnto vs by God, charge all that professe the Lord Iesus, and the sinceritie of his Gospell, within this Realme, that euen as they loue the quietnes of their common-wealth, the continuance of Christ Ie fus his holy Gospell within the same, and their owne faluation, together with the falwation of their posteritie, that vnfainedly they prostrate themselves before the throne

# OF FASTING.

of Gods maiestie, and in bitternesse of hart

pray with vs.

Arise, O Lord, and let thine enemies be consounded. Let them slie from thy presence, that hate thy godly name. Let the groanes of thy afflicted enter in before thee. And preserve thou by thine owne power, such as be appoynted to death. Let not thy enemies thus triumph to the ende: but let them understand that against thee they doe sight. Preserve the Vine which thy right hand hath planted. Set thy power to the power of that Romane Antichrist, and letter the shades are approximated.

the glorie of thine annoynted Iesus

Christ our Lorde shine before al nations.

Sobe it.

Hasten Lord, and tarry not.

## ATREATISE

hapters and Parts of the scriptures vied by the of Edenbourgh, and of Holy-rood-house, in the Gods vifitation by the Plague. In the time when Court raigned all impietie, as murther, whoredom, contempt of Gods word, but especially in the time in the Queene was striken by Gods hand in Jedburgh, also in the time of famine and dearth, and at other

such times as God gave occasion, and according to the manner of

the scourge.

In time of Pertilence, the \$1.0f Numeri, the 34.0f the fecond booke of Samuel 3. chap. of Ezechiel, the 91. pfalm with other fuch places proper for the fame.

In time when impietie abounded.

Efay 3. Ezechiel 3. Zephaniah r. Ieremie 34. Ofe 4. Numeri 16.

Numeri 25. Amos 6. Obadiah. Ioshua7.

Micheas 2. 1.Sam.4.and 7.

Zachary 5. 1.Samu.15.

1.Kings 13. Ezra 4.

2.Chron.26. Nehemias o.

# In time of famine.

Efay 58. 1.Kings 17.18.

Haggeus 1. 2. Kings 4,

2. Kings 6.7. and 8 Amos 4. Amos 8.

Zacharie 7.

And other fuch like parts of Scriptu according as the correction was laid of g for euen as the Lord our God hath di and fundry roddes wherewith he fcour the worlde: but mercifully corrected his owne children for their profite, fo bath hee left diners examples in holy Scripture how his chosen have ysed themselves vndereuerie fort of correction by him fatherly layed vpon them, as in the chapters before expresfed was first noted, to stirre man to prevent Gods judgements by true and vnfayned repentance before the plague came. So these Chapters now noted, were chosen by the Ministers of Edin bourgh and Haly-rud-house, and others godly thereabout, at fuch times as God did visit them, as is aboue expressed. To testifie also that the Church of God and the faithfull and discreete Ministers are not bound at euery humiliation to flicke fcrupuloufly to the former, as no other may be chosen, but as God changeth his roddes, so may our prayers, with the examples of the Saints, so afflicted, be changed and ordered. Neither can the wicked justly accuse vs in fo deling of inconstancie, but rather ought

fasting & humiliation is not bound to mans commandement precisely, nor to the olde customes, as the Papists vsed their ceremonies, but as God visiteth vs, so in that maner seeke we him, as hee teacheth vs, and giueth vs examples in his most holy word, according to his fatherly correction.

# Three causes of this publike Fast.

As in these dayes wee do call to him for mercie for our vnthankfulnesse, being so oft and diverse times delivered, and yet his benefites so sodainely forgot, in that that wee see since so to abounde in all estates, Gods fearefull threatnings not seared, but the pronouncers thereof mocked and distained by the most parte of the world. Secondly, the great hunger, samine, and oppression of the poore, although the rich and wealthy that keepes their corne while the wilde beastes eate it, feele not the samine, whose plague sodainely followeth, if hastily they preuent

or Gods judgements by vnfained repen tance. Thirdly and chiefly, we humble our sclues, and call upon God for the comforte and deliverance of our afflicted brethrenia Fraunce, Flanders, and other partes, for although the plague and cruell decree of Trent is begunne at Sufan, or rather in filthy Sodome in Paris that flaughter-house of Sathan, by those forsworne and cruell murtherers, yet their minde is no leffe cruelly bent towardes vs : for if they had not pitie to drincke their owne blouds, and to fee the same runne in the streetes with Manasses, much lessewill they be mooued with compassion whenas they shall onelie heare cruelty vsed against straungers, except that God drowne Pharaoh, chase and slay Sennacherib, confound and beate downe with shame Herode, which must be through the prayers of the Saints of GOD, humbled vnder his mightie hand. Those and other manyfolde causes, as sinne vnpunished in many places, the craftinesse of the worldlings, with the apparaunt deceitfulneffe of falle brethren, dooth mooue vs this day to stoope under his mightie hand, which that

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doubting but the fruite and profite therefore that be found and feene, as at divers times we have felt, to his owne glorie, and comfort of his church. To whom be praife glorie and rie and honour

FINIS.



